

THE **CHANGING LIVES INITIATIVE**

Parents Plus ADHD 8 Week Parent Support Programme

In-Person DKIT - Regional Development Centre

Wednesday February 25th 18:00-20:30

The Changing Lives Initiative is offering an 8 week Parents Plus ADHD Programme to support and empower parents by enhancing their understanding of ADHD and providing practical strategies to support their children displaying behaviours consistent with ADHD. Suitable for families with children aged 6-12yrs.

Facilitators: **Kirsti Lundy** **0868230992** **klundy@archways.ie**
Siobhán Haughey **0868230986** **shaughey@archways.ie**

The Changing Lives Initiative: Flourish & Thrive offers free early support to parents/carers across a range of interventions offered both online and in-person.

This includes information workshops, four evidence based parent support programmes (Incredible Years, Triple P, Invest in Play and Parents Plus ADHD). These supports are provided to assist parents/carers of children with neurodevelopmental differences including ADHD and Autism with or without a diagnosis.

To register your interest scan the QR code below to complete an expression of interest form or visit www.changinglivesinitiative.com for more information.



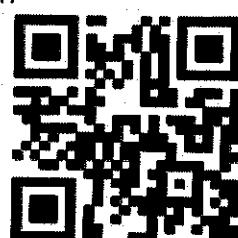
PEACE PLUS

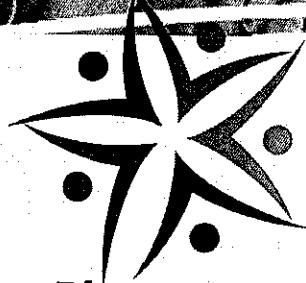
Co-funded by the
 European Union  UK Government

A project supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB).



Colin Neighbourhood Partnership





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PEACEPLUS
Northern Ireland - Ireland

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Department of Culture, Northern Ireland Executive

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